



NEW COVER For Staffordshire Police Federation Group Insurance scheme members

Virtual Physio: Don't let aches and pains slow you down!

Did you know the Group Insurance scheme now includes a Virtual Physio service? This gives you access to professional physiotherapy from the comfort of your home or station — quickly, easily and without the need to see a GP first. Whether it's back pain, a sports injury or joint stiffness — this service is here to help you recover faster, feel better and stay on top of your game.

Key benefits include*:

- Flexible scheduling 5 days a week
- Bookings accessible via the app
- Initial assessment and follow up sessions to support your recovery
- Services provided by HCPC Registered Physiotherapists
- Up to 5 sessions included (if clinically required)
- AI motion tracking to guide your rehab and track progress



The physiotherapist was very knowledgeable about my knee issue and offered great guidance to help with my recovery. - Member of Insurance 2025



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ACCESS THE SERVICE

To arrange an appointment, choose from the following options (quote code STAFF2019):

-Download the 'Care on demand' App**, create an account and book a consultation

-Simply call: +44(0) 203 499 4891

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*Terms and conditions apply. Full details of the cover including exclusions and limitations can be found in the policy wordings which are available from the Federation or Gallagher.

**As part of Care Quality Commission (CQC) regulations patients, when engaging the service for the first time, will be asked to go through a positive ID process.

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