

Need Physio? Get Expert Help Fast – No GP Referral Needed!

Available through your Staffordshire Police Federation Group Insurance Scheme

Don't let aches, pains, or injuries slow you down. With our Virtual Physio service, you can get professional physiotherapy from the comfort of your home or station — quickly, easily, and without the need to see a GP first.

- Rapid assessment and diagnosis
- Up to 5 sessions included (if clinically required)
- Book through app or online portal
- Weekday availability
- Run by qualified, HCPC-registered physios
- AI motion tracking to guide your rehab and track your progress

Whether it's back pain, a sports injury, or joint stiffness — this service is here to help you recover faster, feel better, and stay on top of your game. In fact, 81.8% of people experience a reduction in pain following their first follow up session and more than 60% of people report a significant reduction in anxiety and depression using the service.

It's included in your group insurance — so make the most of it!

At £28.82** per month the scheme also includes:

£120,000 Life Assurance, Personal Accident Cover, Sickness Benefits, Best Doctors, Care First Counselling, Legal Expenses, Worldwide Family Travel Insurance, Mobile Phone/Gadget Cover, RAC Motor Breakdown Assistance and GP Care on Demand.

Visit the Federation website for further details: <https://staffordshire.polfed.org/>

Call us on: 01785 242215

Or email on: info@staffs.polfed.org

*Terms and conditions apply. Full details are available from the Federation or George Burrows.

**Correct at 1 April 2025. The premium includes the Federation administration fee and Insurance Premium Tax (IPT).

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